

Synopsis

How to be a Genius reveals the magical and mysterious world of the brain. With facts, puzzles, brain teasers, optical illusions, and other brain training activities, readers will unlock their true intellectual power. How to be a Genius explores the physiology, anatomy, and evolution of the brain and then teaches innovative brain stimulating exercises. Covering all aspects of brain activity, from perception and problem solving, to memory, language, and creativity, readers will learn tips and tricks for getting the most out of the brain. The book also features activities including sports, magic, playing cards, and computer games. Readers will enjoy employing their creativity with this hands-on guide to the mind filled with wonderful knowledge and great activities to boost brainpower.

Book Information

Paperback: 192 pages

Publisher: DK Children; Reprint edition (July 29, 2013)

Language: English

ISBN-10: 146541424X

ISBN-13: 978-1465414243

Product Dimensions: 8.6 x 0.6 x 10.9 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (23 customer reviews)

Best Sellers Rank: #238,816 in Books (See Top 100 in Books) #165 in [Books > Children's Books > Education & Reference > Science Studies > Anatomy & Physiology](#) #2703 in [Books > Science & Math > Behavioral Sciences](#) #3541 in [Books > Children's Books > Science, Nature & How It Works](#)

Age Range: 10 - 17 years

Grade Level: 5 - 12

Customer Reviews

In the past few years, you have probably stumbled on news stating the importance of training your brain in order to keep it healthy. I do believe that doing so will help you in being able to remember better some things. But what does it mean to train your brain? It means to do actively find puzzles, games and optical illusions that will allow you to stretch the gray matter of your brain. This book will allow you to do just that and more. Not only will you be able to read more about the brain itself as well as famous scientists, painters or composers but you will find fun activities to do alone or with other throughout the book. The book is divided into eight sections: Meet Your Brain - this section is

presenting you the brain as we know it by showing you the different parts of the brain and explaining the difference between the left side and the right side. It will also explain nerves, neurons and brain waves. Come to Your Senses - Senses are very helpful to allow you to understand better the world around you. This section will let you discover how your senses can be tricked with exercises and how you can develop your senses in order to better understand how they work. You will also discover who Wolfgang Amadeus Mozart was. How Memory Works - What is memory? This specific section will let you know how to improve your memory, how to pay attention to details and make associations. You will also learn more about Albert Einstein. Problem Solving - In this section, you can better understand how you learn, discover how to solve mazes and puzzles, explore logic and brainteasers, as well as discover how to resolve math problems. You will also learn more about George Washington Carver (a personality I am fascinated with lately) and Wernher von Braun.

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